



Relationships & Health Education Policy

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Revision History

<u>Version</u>	<u>Reason for issue</u>	<u>Approval date</u>
1.0	First Issue	March 2021



Bramley Sunnyside Infant School



Relationships & Health Education Policy (RHE)

Relationships Education and Health Education is about empowering children with the knowledge to make informed decisions about their well-being, health and relationships. Relationships, Education and Health Education is about understanding the importance of stable, loving and respectful relationships and the value of these relationship qualities within family life and wider society.

At Bramley Sunnyside Infant School, Relationships Education and Health Education is taught at an age-appropriate and developmentally appropriate level sensitively and inclusively with respect for backgrounds and beliefs of all. As an Infant School, sex education is not an explicit element of our curriculum, however questions may be raised by the children and will be dealt with naturally, honestly and at an age appropriate level. Relationships education will be delivered to the children and loving, caring aspects of relationships will be emphasised. Any issues arising for individual children will be shared with parents / carers.

The policy is compliant with the following guidance:

- DfE 'Relationships Education, Relationships and Sex Education (RSE) and Health Education statutory guidance (February 2019)
- DfE 'Science programmes of study: key stages 1 and 2' (2014)
- DfE 'Statutory Framework for the Early Years Foundation Stage' (2017)

Relationships and Health Education aims to promote the spiritual, moral, cultural, emotional and physical development of children at school and in society and aims to prepare them for changes, opportunities and responsibilities within adult life. Relationships & Health Education includes providing children with reliable information about healthy relationships.

Practice

At Bramley Sunnyside Infant School we respect the diversity and different values held by the families and children attending our school and teach all aspects within Relationships and Health Education.

The curriculum offered will be complementary and supportive to the role of the parents/carers and staff will have regard to parents/carers views about the content and presentation. Parents/Carers do not have the right to withdraw their children from Relationships or Health Education as this is a statutory requirement.

Relationships and Health Education is firmly embedded in the PSHE framework. At Bramley Sunnyside Infant School, the ROSIS PSHE Scheme of Work for Year1 & Year 2 is used to deliver statutory Relationships & Health Education. The PSHE Leader will ensure that all teaching and materials are appropriate for the ages of the pupils, their religious backgrounds, their developmental stages and any additional needs, such as SEND. The ROSIS Scheme of Work is a progressive curriculum, in which topics are built upon prior knowledge taught in previous years as pupils progress through school.

Year 1 Content Coverage

- 1.1 The Caring School and Feelings, Friends and Friendships
- 1.2 Focus on Special People and Anti-bullying
- 1.3 Healthy Eating & Hygiene



Bramley Sunnyside Infant School



- 1.4 Physical health & Wellbeing
- 1.5 Growing and Changing
- 1.6 Keeping Myself Safe
- 1.7 The World of Drugs

Year 2 Content Coverage

- 2.1 The Caring School & Feelings & Relationships
- 2.2 Healthy Lifestyles
- 2.3 Growing & Changing
- 2.4 Keeping Myself Safe
- 2.5 The World of Drugs

It is acknowledged that as Relationships and Health Education deals with some sensitive issues, the following points are important:

- Clear ground rules will be established prior to discussions in Relationships and Health Education to ensure that appropriate boundaries are set and to ensure no child feels embarrassed or uncomfortable about the topics being discussed.
- Other issues may arise, appropriate questions will be answered honestly, openly and in an age appropriate way. Whether this is within a class or on an individual basis will be dependent on the situation. Questions will always be answered sensitively and, where appropriate, PSHE leader support may be provided.

The PSHE Leader will carry out learning walks, ensure lesson plans focus on challenging perceived views of pupils based on protected characteristics, through the exploration of, and developing mutual respect for, those different to themselves. The PSHE Leader will carry out coverage assessment checks using the ROSIS PSHE Coverage document.

The policy will be reviewed after consultation with parents/carers in our Summer consultation period and then reviewed annually by the PSHE Leader. This policy will also be reviewed in light of any changes to statutory guidance, feedback from parents, staff or pupils, and issues in the school or local area that may need addressing.

The Governing Body is responsible for approving this policy.

Any changes made to this policy will be communicated to all staff, parents and where necessary pupils.